



NATIONAL COLLEGE (AUTONOMOUS), TIRUCHIRAPPALLI- 620 001

M.Sc YOGA END SEMESTER EXAMINATIONS APRIL 2026

		Forenoon:9.30 am to 12.30 pm		Afternoon :2.00 pm to 5.00 pm	
Date	Day	Course Code	Course Title	Course Code	Course Title
20-04-2026	Monday	P22Y016	APPLICATION OF TEST AND MEASUREMENT	P22Y06	SCIENTIFIC ASPECTS OF YOGA
20-04-2026	Monday	----	----	P25Y06	YOGA PSYCHOLOGY
21-04-2026	Tuesday	----	----	P22Y07	YOGA AND ALTERNATIVE MEDICINE
21-04-2026	Tuesday	----	----	P25Y07	PHYSIOLOGY OF YOGA
27-04-2026	Monday	P22Y018E	HYGIENE, DIET & NUTRITION	P22Y08	YOGA AND SPORTS
27-04-2026	Monday	----	----	P25Y08	HATHA YOGA TEXTS
29-04-2026	Wednesday	----	----	P22Y010E	YOGA AND CHAKRAS
29-04-2026	Wednesday	----	----	P25Y010E	YOGA FOR MODERN ERA
30-04-2026	Thursday	P22Y01	Yoga and Health	P22Y011	Research methodology & Statistics in Yoga
30-04-2026	Thursday	P25Y01	Foundation of yoga	----	----
06-05-2026	Wednesday	P22Y02	Elements of Yoga	P22Y012	Yoga and meditation
06-05-2026	Wednesday	P25Y02	Human anatomy and physiology	----	----
07-05-2026	Thursday	P22Y03	Yoga Asanas : Practice and Benefits	----	----
07-05-2026	Thursday	P25Y03	Yoga philosophical system in india	----	----
08-05-2026	Friday	----	----	P22Y014E	Yoga therapy
08-05-2026	Friday	----	----	----	----
09-05-2026	Saturday	P22Y05E	Human Anatomy and Yoga	P22Y015E	Fitness and Rehabilitation
09-05-2026	Saturday	P25Y05E	Yoga and naturopathy	----	----